



## Mr Mohammed Khasruz Zaman

Place of Residence: **London**  
Sector: **Communications**

**M**ohammed Khasruz Zaman was born in Birdal, Kanaighat in the Sylhet region of Bangladesh. His father is Alhaj Mulana Fazle Haque and his mother is Mrs Sofiqha Haque.

Before Mr Zaman moved to the UK in 1988, he studied a Philosophy degree at the MC University College affiliated with Chittagong University. Since he moved to the UK, Mr Zaman has also completed many professional courses including a recent Post Graduate course in Advance Leadership at the East London University as well as undergoing a Team Leadership course with the Chartered Institute of Management.

Upon his arrival in the UK, Mr Zaman started working in the weekly Jagoron. In the time since, he has had many different jobs in areas such as catering (where he worked as manager, owner and director), translation and teaching. However, the area in which he has succeeded most is that of the health service.

He has been a mental health support worker, a health advocate for the NHS, and also set up the Patient Advice and Liaison Service (also known as PALS) for the Tower Hamlets Primary Care Trust (THPCT). This service was set up in 2001, and Mr Zaman worked as a PALS Officer and Manager for the THPCT until early 2008. He is now a Community Communications Manager for THPCT. This is a unique position created by the NHS first in Tower Hamlets in order to respond to the local needs.

Away from his professional life, Mr Zaman was the elected VP of MC university college student union. He was also one of the convenors of Syleht Chatro Sangram Parishad in 1996-98 who led the movement against the than military government.

Mr Zaman was the president of Jionthia Kendrio Chatro Parishad for 4 years when he led to establish Jionthia College in Jionthapur in 1997. Mr Zaman worked as a journalist with many local and national news papers in Sylhet. He has many published



writings in Bangladesh and in London. He also established Sangkalpa Shahotto Gustee and published and edited a literature magazine namely Sangkalpa. Mr Zaman is also a founding member of Birdal Bohumukhi Samabai Samithi.

Mr Zaman was the founding general secretary of the Greenwich Bangladesh Welfare Association and was also the general secretary of the Bangladesh Chatra League (UK) from 1992 to 2000. Mr Zaman was also the founding organisational secretary of Deshbikash who first introduced Bagladeshi Mela in UK. He is one of the founders of the Greenwich Bangla School.

Apart from many professional steering group memberships he is also the elected treasurer of the professional trade union UNITE of East London Branch. Recently he has been elected as the Chair of BME workforce network THRIVE in the THPCT. Mr Zaman used to be a Parent Governor of the Bygrove Primary School in Poplar in 2003 - 2005. Mr Zaman is also the organising secretary of London Bangabandhu Parishad.

Mr Zaman is married to Mrs Rabea Zaman Jusna, and they have four children – Shandhi, Sneho, Sahabi and Shahi.